

"T-Shirt Kids" Apple Oatmeal Pancakes

1 cup oatmeal

2 cups milk

Soak oatmeal in milk while preparing remaining ingredients.

1 large apple (shredded)

1 egg

2 tsp. cinnamon

1 tsp. salt

2 tsp. baking powder

1 cup whole wheat flour (if using white flour add extra 1/4 cup).

Add shredded apple to oatmeal and milk mixture. Whisk egg well and add to wet ingredients. Sift dry ingredients. Mix all ingredients together. Pour 1/4 cupfuls of batter onto a hot skillet lightly greased with olive oil. Cook until bubbles form on top of pancakes. Flip with a spatula and cook until browned. Enjoy.

Topping with Butter and Pure Maple Syrup adds flavour.

Optional: Add fruit to your toppings if desired.

